



**LATINO
YOUTH
LEADERSHIP
CONFERENCE**



**LYLC
PARENT
NEWSLETTER &
RESOURCE GUIDE**





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All resource links will be updated monthly.
 If you have any questions, don't hesitate to contact
 our Parent Engagement Coordinator at
lylc.nevada@gmail.com

LEADERSHIP

Each issue will highlight two local leaders that inspire our youth and Latinx community!

Irene Cepeda is a first-generation college graduate. Her parents migrated to the U.S. from Nicaragua in the 80's. She received a Masters of Education and a Bachelors of Arts in Political Science from UNLV. Irene works full-time at Nevada State College as the HSI Title V Coordinator. Her passions include leadership, college and career readiness, driving, and photography.



Marvin Campos was born and raised in El Salvador. At the age of 11 he arrived in the United States to once again reunite with his family. Marvin served two years of LYLA executive positions as delegate of alumni relations and as president. He has been a volunteer as a Peer Facilitator in 2013 and 2014, an Adult Facilitator in 2015, 2016, and 2017, and has served as our Program Director since 2018. Marvin is currently pursuing his career in the culinary arts as an Assistant Chef at the Bellagio.

FAMILIA

Here are some links with activities that the whole familia can enjoy at home or outside while practicing safe social-distancing!

[In the Kitchen - Y@Home](#)

[Discovery Children's Museum](#)

[Springs Preserve](#)

[Virtual Museum Tours](#)

[Nevada State Parks](#)



Share your heritage with your kids and try a family recipe together or try a new dish from another Latinx country. Check out these vegan-friendly recipes!

BRAZIL: [Salada de Palmitos \(Brazilian Hearts of Palm Salad\)](#)

PERU: [Pastel de Acelga \(Chard Tart\)](#)

COSTA RICA: [Gallo Pinto \(Rice & Beans\)](#)

FEATURED FAMILIA ACTIVITY

GRATEFULNESS JAR

EACH DAY HAVE EACH MEMBER OF YOUR FAMILY WRITE ONE THING THEY ARE GRATEFUL FOR TO FILL THE JAR. STAY UNITED AND REMIND YOURSELVES WHAT TRULY MATTERS.

EDUCATION

ACTIVE PARENTS

- Ask your kids what they learned in class and be engaged in their learning experience.
- Encourage study habits by establishing a regular "study time."
- Support your child by helping them build an organized study station.

COLLEGE PREPARATION

Admissions

- How can I help my child get into college?
- Admission Offices
 - [Nevada State College](#) - 702-992-2110
 - [College of Southern Nevada](#) - 702-651-5555
 - [University of Nevada, Las Vegas](#) - 702-774-8658



Financial Aid

- [What is FAFSA?](#)
- [How does Financial Aid work?](#)
- Financial Aid Offices
 - [Nevada State College](#) - 702-992-2150
 - [College of Southern Nevada](#) - 702-651-430
 - [University of Nevada, Las Vegas](#) - 833-318-1228





SERVICE

"Activate the abilities you already have and achieve your mission."
- Dr. Ingrid Lonrenzana

Volunteer in your community together as a family!
Find local opportunities using the links below.

[United Way of Southern Nevada](#)

[Three Square](#)

[Catholic Charities of Southern Nevada](#)

[Vitalant - Blood Donations](#)

[Great Outdoors Nevada](#)

SUPPORT

COVID-19 Resources

Food Assistance

[The Emergency Food Assistance Program \(TEFAP\)](#)

[Three Square Emergency Food Distribution](#)

[Clark County School District Food Distribution Sites](#)

[YMCA Free Meal Sites](#)

Southern Nevada Health District - [COVID-19 Resource Page](#)
(702)759-INFO (4636)

[Testing Sites](#)

[United Way of Southern Nevada](#)

Nonprofit supporters who are providing services from mass shelters to rent & mortgage assistance.

NO SHIRT. NO SHOES.
NO MASK. NO SERVICE.

Learn more at nvhealthresponse.nv.gov



SUPPORT

Immigration Resources

[American Civil Liberties Union of Nevada Resources](#)

[Progressive Leadership Alliance of Nevada \(PLAN\)](#)

[Know Your Rights](#)

[Northern Nevada Citizenship & Immigration Program](#)

[UNLV Immigration Clinic](#)

FREE assistance for DACA Renewals

FREE consultations & legal services

(Due to COVID -19 consultations are only available to UNLV and CSN students, staff, and their families)

[Legal Aid Center of Southern Nevada](#)

[DACA Mental Health Resources](#)

[The Immigration Home Foundation](#)



EMPOWERMENT

"The most valuable possession you can own is an open heart.
The most powerful weapon you can be is an instrument of
peace."
- Carlos Santana



[A Conversation with Latinos on Race](#)

[Latina, Latino, or LatinX? Here's how the term came about. - Vox](#)

[Supreme Court DACA ruling](#)



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LYLC Parent Newsletter!

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